







## What is Primary Home Care (PHC)?

Primary Home Care (PHC) is a state-funded program that provides a nonmedical personal care attendant to help with tasks and daily activities in order to allow people to live independently in their homes.

The Primary Home Care (PHC) benefit is available to adults with health problems that limit their ability to perform daily activities.

## Some of the Services Include:

**♥** Housekeeping

♥ Meal Preparation

♥ Personal Care

Laundry

Grocery Shopping

♥ Escort to Physician's office

## **Steps to Get Started:**

- 1. The first step for a new client is to contact Ultimate Home Health Care who can help you get in touch with a state caseworker. After receiving a referral from your assigned caseworker, Ultimate will setup your initial assessment.
- 2. Next, Ultimate will send a member of our team to your home to perform the initial assessment and to create a plan of care that works best for you.
- **3.** Finally, Ultimate will find a caring personal attendant to begin helping you.

