Top VA Homemaker Questions



Ultimate Home Health Care is honored and proud to be able to serve Veterans for their healthcare and home care needs. As a provider of services to the VA we can deliver skilled nursing and homemaker services covered by VA Insurances.

Call us or email today for more info:

♦ Phone: 972-240-4700

☑ Email: info@ultimatehhc.com



#1. What Homemaker or Home Health Aide Care benefits does the VA provide?

A Homemaker or Home Health Aide is a trained person who can come to a Veteran's home and help the Veteran take care of themselves and their daily activities. Homemakers and Home Health Aides are not nurses, but they are supervised by a registered nurse who will help assess the Veteran's daily needs. This program is for Veterans of any age who need personal care services and help with activities of daily living. Homemaker and Home Health Aide services can be used in combination with other Home and Community Based Services. Homemaker Home Health Aides work for an organization that has a contract with VA. Homemaker or Home Health Aide services can be used as a part of an alternative to nursing home care, and to get Respite Care at home for Veterans and their caregiver.

#2. Who is eligible for the VA's Homemaker or Home Health Aide Care benefits?

All enrolled Veterans are eligible for Homemaker or Home Health Aid Care IF they are eligible for community care and they meet the clinical criteria for the service. Services may vary by location. Contact your VA social worker/case manager to complete the Application for Extended Care Benefits (VA Form 10-10EC) to learn the amount of your copay.

#3. What services can a veteran receive?

Services are based on your assessed needs. Talk with a VA social worker to find out what specific help you can receive. For example, an aide may be able to come to your house several times a week or just once in a while. Examples of daily activities you may be able to receive help with include: Eating, dressing, grooming, bathing, using the bathroom, moving from one place to another, and grocery shopping. You can continue to receive an aide's services for as long as you need extra help with your daily activities.

#4. How do I decide if it is right for me?

You can use a <u>Veteran Decision Aid for Care at Home or in the Community</u> to help you figure out what home care services or long term care services may best meet your needs now or in the future. There's also a <u>Caregiver Self-Assessment</u>. It can help your caregiver identify their needs and decide how much support they can offer you. Having this information from your caregiver, along with the involvement of your care team and social worker, will help you reach short and long-term care decisions. Ask your social worker for these resources or download them from the Making Decisions page at <u>www.va.gov/Geriatrics</u>. If these services are right for you, your VA social worker can help you make arrangements.

Resources:

Application for Extended Care Benefits (VA Form 10-10EC): https://www.va.gov/find-forms/about-form-10-10ec/ Caregiver Self-Assessment: https://www.va.gov/GERIATRICS/docs/Caregiver_Self_Assessment.pdf Veteran Decision Aid: https://www.va.gov/GERIATRICS/docs/Veteran_Decision_Aid.pdf